

## New Patient Questionnaire

### ✓ Patient Information

Last name \_\_\_\_\_ First name \_\_\_\_\_  
 Date of birth mm/dd/yyyy ☐ Age \_\_\_\_\_  
 Date of appointment mm/dd/yyyy ☐ Referring physician \_\_\_\_\_  
 Their city / practice \_\_\_\_\_  
 How did you hear about us? (friend, my doctor, web search, directory, previous patient) \_\_\_\_\_  
 Chief complaint — why you came in today \_\_\_\_\_

### 1 Bladder Control

**Do you have accidental loss of urine, or urinary urgency/frequency?**

Yes No

How long? \_\_\_\_\_ months \_\_\_\_\_ years

Do you use pads for lost urine? Yes No

If yes, how many pads per day? \_\_\_\_\_

Bathroom trips during the day? \_\_\_\_\_

Times you wake at night to go? \_\_\_\_\_

Ever wet the bed while asleep? Yes No

Times you can't make it in time? Yes No

Does running water trigger loss? Yes No

Which best describes your urine loss? (*check all that apply*)

I lose urine with coughing, sneezing, running, or lifting

I lose urine with changes in posture, standing, or walking

I lose urine continuously — I am constantly wet

I have a sudden, urgent need without making it to the bathroom

Glasses of liquid daily? \_\_\_\_\_

Caffeinated drinks daily? (coffee, tea, soda) \_\_\_\_\_

Have you seen a physician for urine loss? Yes No

If yes, who? \_\_\_\_\_

Surgery for urinary leakage? Yes No

Taken medication to prevent urine loss? Yes No

If yes, what medication? \_\_\_\_\_

### 2 Bladder Emptying

**Do you have problems urinating or emptying your bladder completely?**

Yes No

How long? \_\_\_\_\_ months \_\_\_\_\_ years

Dribbling after you stand? Yes No

Difficulty starting your stream? Yes No

Assume abnormal positions to urinate? Yes No

Strain to empty? Yes No

Feel empty after passing urine? Yes No

Is your urine flow: Strong Weak Dribbling Intermittent

### 3 Prolapse / Vaginal Support

**Do you have fullness, pressure, or a bulge/protrusion of vaginal tissue?**

Yes No

How long have you had a bulge? \_\_\_\_\_ months \_\_\_\_\_ years

Do you notice a bulge? Yes No

Worse at day's end / after standing? Yes No

Push it back to empty bladder/bowel? Yes No

Ever used a pessary? Yes No

Surgery to repair prolapse? Yes No

### 4 Bowel Symptoms

**Do you have problems with your bowels — incontinence or difficulty emptying?**

Yes No

How long? \_\_\_\_\_ months \_\_\_\_\_ years Episodes per week? \_\_\_\_\_

Accidental loss of solid stool? Yes No

Accidental loss of liquid stool? Yes No

Accidental loss of gas? Yes No

Wear protective pads? Yes No

Constipation? Yes No

Diarrhea? Yes No

Bloating? Yes No

Frequent desire to move bowels? Yes No

Feel bowels never completely empty? Yes No

Use fingers to help a bowel movement? Yes No

Seen a physician for bowel symptoms? Yes No

If yes, who? \_\_\_\_\_

### 5 Sexual History

Are you sexually active? Yes No

If not active, are barriers due to:

Prolapse Incontinence Pain

### 6 Pelvic Pain

**Do you have pain in your pelvic area?**

Yes No

Where is your pain? (check all that apply) Pelvic area Vagina Rectum Lower abdomen

How long? \_\_\_\_\_ months \_\_\_\_\_ years

Relieved by emptying your bladder? Yes No

Pain with urination? Yes No

See a pain specialist? Yes No

If yes, who? \_\_\_\_\_

Does anything relieve the pain? Yes No

If yes, what? \_\_\_\_\_